

Annual CE - Emergency Cardiac Care Guidelines

According to the mission of the American Heart Association, Emergency Cardiac Care (ECC) programs are intended to reduce disability and death from acute circulatory and respiratory emergencies, including stroke, by improving the chain of survival in every community and in every healthcare system.

Athletic Trainers must be able to demonstrate certification **annually**. **For continuing education purposes, a two-year card is good only for the renewal year in which it is issued.** The renewal year runs December 1 – November 30.

ECC Must Include
✓ Adult CPR
✓ Pediatric CPR
✓ Second rescuer CPR
✓ AED
✓ Airway obstruction
✓ Barrier devices (e.g., pocket mask, bag valve mask)

Certification Verification

Acceptable ECC providers are those adhering to the most current *International Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiac Care*. Please check with your ECC provider to confirm that the course includes all components.

Common courses that meet these requirements are listed below:

Provider Name	Course Title
American Heart Association	ACLS; Basic Life Support (BLS) Healthcare Provider; Basic Life Support (BLS) Provider; Basic Life Support (BLS) - RQI
American Red Cross	CPR/AED for the Professional Rescuer; Basic Life Support (BLS) for Healthcare Providers
American Safety and Health Institute	CPR for Professionals
Emergency Care and Safety Institute	Health Care Provider CPR
National Safety Council	Basic Life Support (BLS) for Health Care and Professional Rescuers
Canadian Red Cross	First Responder CPR/AED HCP Level
Pre-Hospital Emergency Care Council (PHECC)	Cardiac First Responder - Community Level Cardiac First Responder - Advanced Level

Online ECC Courses: Online ECC Courses are acceptable if skills are demonstrated and tested by a certified ECC instructor or a voice-assisted manikin (VAM). The in-person test can include video technology. Examples of acceptable blended programs include:

- AHA HeartCode® - students must attend a structured hands-on session with an AHA Instructor
- ProTrainings LLC's ProCPR - students must select the blended/hands-on option that requires a live instructor-led video conference.

Instructor Cards: Conforming to BOC standards, acceptable instructor cards are the American Heart Association BLS Healthcare Provider Instructor or American Heart Association BLS Instructor card. All other instructor cards are unacceptable unless the provider can confirm, in writing, that their instructors are required to maintain and successfully demonstrate provider skills to renew their instructor status. Instructor cards are acceptable only if accompanied by a class roster which demonstrates an approved course was taught during the renewal year.